

CUMIN PROCESSING

Introduction

Cumin is a small annual herbaceous plant (*Cuminum cyminum*) that is a member of the parsley family (*Umbelliferae*). It is a native of the Eastern Mediterranean countries and Upper Egypt, but is now cultivated in Morocco, Iran, Turkey, India, China and the Americas. The seeds of the plant are used to add flavour to spicy dishes. They are also used as an appetite stimulant and to ease several stomach disorders.

This brief outlines the important steps that should be taken pre-harvest and post-harvest to ensure that the dried cumin is of top quality for the market.



Figure 1: Cumin seed.
Photo Practical Action / Neil Noble

Types of cumin

There are two main types of cumin:

- White cumin seeds which are the most common type.
- Black cumin seeds that are popular in Iran. The seeds of black cumin are smaller and have a sweeter aroma than the white seeds. They are sometimes confused with nigella, another seed that is used in Indian cookery.

They both come from the *Umbelliferae* family of plants.

Cumin production

Cumin is an annual herb that grows best in sunny climates with some rainfall (over 2000mm a year). It can grow at elevations up to 1000m above sea level. The plants grow to about 25cm in height. They should be planted at intervals of about 0.75m. The small white or pink flowers grow in clusters on short stems, looking like small umbrellas.

Harvesting

The seeds are harvested about 4 months after planting when the plant begins to wither and the seeds change from dark green to a brown-yellow colour. The seed is small and boat shaped with nine ridges along the length. The seeds are harvested by removing the whole plant from the ground.

Drving

The plants are dried in the sun or in the partial sun

Threshing and winnowing

The cumin seeds are beaten out by threshing the dried plants with sticks. The seeds are then further dried to 10% moisture content, either by placing on mats or trays in the sun or by using a drier if the conditions are too humid. The dried seeds are winnowed using a traditional winnowing basket to remove the dirt, dust, leaves and twigs.

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Grinding

Grinding can be a method of adding value to a product. However, it is not advisable to grind spices. After grinding, spices are more vulnerable to spoilage. The flavour and aroma compounds are not stable and will quickly disappear from ground products. The storage life of ground spices is much less than for the whole spices. It is very difficult for the consumer to judge the quality of a ground spice. It is also very easy for unscrupulous processors to contaminate the ground spice by adding other material. Therefore most consumers, from wholesalers to individual customers, prefer to buy whole spices.

Cumin seeds are available as whole seeds and ground powder.

Packaging

Cumin seeds can be packaged in polythene bags of various sizes according to the market demand. The bags should be sealed to prevent moisture entering. Sealing machines can be used to seal the bags. Attractive labels should be applied to the products. The label needs to contain all relevant product and legal information – the name of the product, brand name (if appropriate), details of the manufacturer (name and address), date of manufacture, expiry date, weight of the contents, added ingredients (if relevant) plus any other information that the country of origin and of import may require (a barcode, producer code and packer code are all extra information that is required in some countries to help trace the product back to its origin). See the Practical Action Technical Brief on labelling for further information on labelling requirements.



Dried cumin seeds must be stored in moisture-proof containers away from direct sunlight. The stored seeds should be inspected regularly for signs of spoilage or moisture. If they have absorbed moisture, they should be re-dried to a moisture content of 10%.

The storage room should be clean, dry, cool and free from pests. Mosquito netting should be fitted on the windows to prevent pests and insects from entering the room. Strong smelling foods, detergents and paints should not be stored in the same room as they will spoil the delicate aroma and flavour of the cumin.

Standards

The Indian standard for dried cumin is as follows:

	Special	Standard	General
Moisture (%) (wet basis)	<10	<10	<10
Damaged seeds (% by weight)	2	4	6
Extraneous matter (% by weight)	2	5	7
Shrivelled, immature (% by weight)	1.5	3.0	4.0

Equipment suppliers

This is a selective list of suppliers of equipment and does not imply endorsement by Practical Action.

This website includes lists of companies in India who supply food processing equipment. http://www.niir.org/directory/tag/z, 1b_0_32/fruit+processing/index.html





Dryers

Acufil Machines

S. F. No. 120/2, Kalapatty Post Office Coimbatore - 641 035 Tamil Nadu India

Tel: +91 422 2666108/2669909

Fax: +91 422 2666255

Email: <u>acufilmachines@yahoo.co.in</u> acufilmachines@hotmail.com

http://www.indiamart.com/acufilmachines/#

products

Bombay Engineering Works

1 Navyug Industrial Estate 185 Tokersey Jivraj Road Opposite Swan Mill, Sewree (W) Mumbai 400015 India

Tel: +91 22 24137094/24135959

Fax: +91 22 24135828 bomeng@vsnl.com

http://www.bombayengg.com/contact.html

Premium Engineers Pvt Ltd

Plot No 2009, Phase IV, GIDC Vatva, Ahmedabad 382445 India

Tel: +91 79 25830836 Fax: +91 79 25830965

Rank and Company

A-p6/3, Wazirpur Industrial Estate Delhi – 110 052 India

Tel: +91 11 7456101/27456102 Fax: +91 11 7234126/7433905

Rank@poboxes.com

Industrias Technologicas Dinamicas SA

Av. Los Platinos 228 URB industrial Infantas Los Olivios Lima Peru

Tel: +51 14 528 9731 Fax: +51 14 528 1579

Ashoka Industries

Kirama Walgammulla Sri Lanka +94 71 764725

Kundasala Engineers

Digana Road Kundasala Kandy Sri Lanka

Tel: +94 8 420482

Alvan Blanch

Chelworth, Malmesbury Wiltshire SN16 9SG UK

Tel: +44 1666 577333 Fax: +44 1666 577339 enquiries@alvanblanch.co.uk www.alvanblanch.co.uk

Mitchell Drvers Ltd

Denton Holme, Carlisle Cumbria CA2 5DU

Tel: +44 1228 534433 Fax: +44 1228 633555 webinfo@mitchell-dryers.co.uk http://www.mitchell-dryers.co.uk/



Packaging and labelling machines

Acufil Machines

India (See above)

Gardners Corporation

158 Golf Links New Delhi 110003 India

Tel: +91 11 3344287/3363640

Fax: +91 11 3717179

Gurdeep Packaging Machines

Harichand Mill compound LBS Marg, Vikhroli Mumbai 400 079 India

Tel: +91 22 2578 3521/577 5846/579 5982

Fax: +91 22 2577 2846

MMM Buxabhoy & Co

140 Sarang Street 1st Floor, Near Crawford Market Mumbai India

Tel: +91 22 2344 2902 Fax: +91 22 2345 2532

yusufs@vsnl.com; mmmb@vsnl.com;

yusuf@mmmb.in

Narangs Corporation

India P-25 Connaught Place New Delhi 110 001 India

Tel: +91 11 2336 3547 Fax: +91 11 2374 6705

Orbit Equipments Pvt Ltd

175 - B, Plassy Lane Bowenpally Secunderabad - 500011, Andhra Pradesh India

Tel: +91 40 32504222 Fax: +91 40 27742638

http://www.orbitequipments.com

Pharmaco Machines

Unit No. 4, S.No.25 A Opp Savali Dhaba, Nr.Indo-Max Nanded Phata, Off Sinhagad Rd. Pune – 411041

India

Tel: +91 20 65706009 Fax: +91 20 24393377

Rank and Company

India (see above)

Banyong Engineering

94 Moo 4 Sukhaphibaon No 2 Rd Industrial Estate Bangchan Bankapi Thailand

Tel: +66 2 5179215-9

Technology and Equipment Development Centre (LIDUTA)

360 Bis Ben Van Don St District 4 Ho Chi Minh City Vietnam

Tel: +84 8 940 0906 Fax: +84 8 940 0906

John Kojo Arthur

University of Science and Technology Kumasi Ghana

Alvan Blanch

UK (see above)

Contacts

The following contacts should be able to provide further information:

Indian Institute of Spices Research (IISR)

Marikunnu PO, Calicut Kerala India 673012

Tel: +91 495 2731346 +91 495 2730294

parthasarathy@iisr.org; rdinesh@iisr.org

http://www.iisr.org/package/index.php?spice=Cumin&body=Overview

Indian Institute of Technology (IIT) Bombay

Powai Mumbai 400076 India

Tel: +91 22 2572 2545 Fax: +91 22 2572 3480

http://www.ircc.iitb.ac.in/webnew/



Further reading

<u>Drying of Foods</u> Practical Action Technical Brief
<u>Spice Processing</u> Practical Action Technical Brief
<u>Food Labelling</u> Practical Action Technical Brief
<u>Drying</u> selection of Practical Action Technical Briefs
<u>Herbs and Spices</u> selection of Practical Action Technical Briefs
<u>Drying</u> UNIFEM Practical Action Publishing 1995

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